

Here is your Top Tip number
3..



Top Tip #3

Going back to Mother Nature.

Hello again. Today's tip is really a reminder that the simple things in life sometimes get lost among the busy lives we lead. We are all creatures of nature, and sometimes we should forget about 'smelling the coffee', and opt for just 'smelling the fresh air'.

Regards... Glen Stanford.

The UK Dog Whisperer.

It may sound a little obvious, but we are all part of mother nature's complicated tapestry of life. As humans, we have taken the basic requirement for survival, and made it even more complicated. Yes, we are very successful in that we have evolved into a dominant species, but let's be honest, if we were stripped of all our home comforts and all the day to day privileges we take for granted, would most of us be able to survive? No home, no food, no heat, no protection, not even clothing? It would probably be a scary reality that would test us. Our dogs might stand a better chance than us! Why? because they could return to a natural situation a lot quicker than us. They have not lost the instinct that mother nature bestowed upon them.

This is why I work with so many pet dogs that have been homed in our comfortable human world, and it would seem those dogs have been distanced a little too far from what mother nature intended.

Every dog needs to get back in touch with nature. Even the lazy one that watches too much daytime TV. And not surprisingly, we can also benefit from returning to mother nature. I don't mean stripping naked and eating berries, but simply walking in the countryside, and taking in all the natural beauty that is there (for free!).

So, top tip number 3 is... take your dog to somewhere natural. No cars, no concrete, turn your phone off for an hour, and let the both of you immerse yourselves in a very healthy therapy. Just watch your dog explore, hunt, play, all the natural behaviour that puts it in touch with its true being. Your dog will use all its senses to fulfill itself, and hopefully, you will open your mind, and do the same.

There are always a thousand excuses not to, but my advice is, enjoy your relationship with your dog, and let mother nature detox your spirit.

Good luck... Glen



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